

PATIENT'S NAME:

DATE:

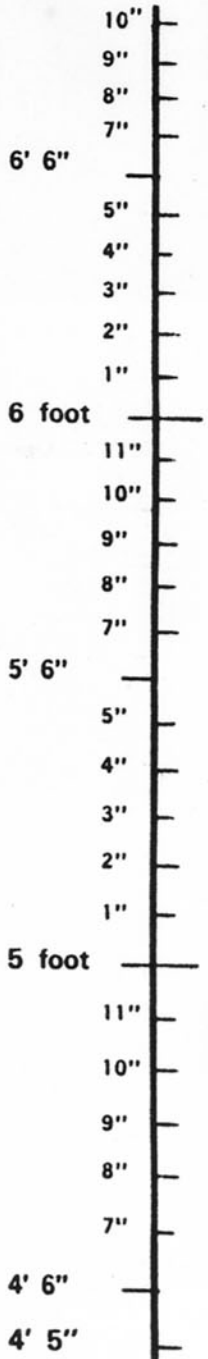
Height

HGT[INCHES]:

(In ft. & in.)

WGT[LB]:

NOMOGRAM for Body Mass Index

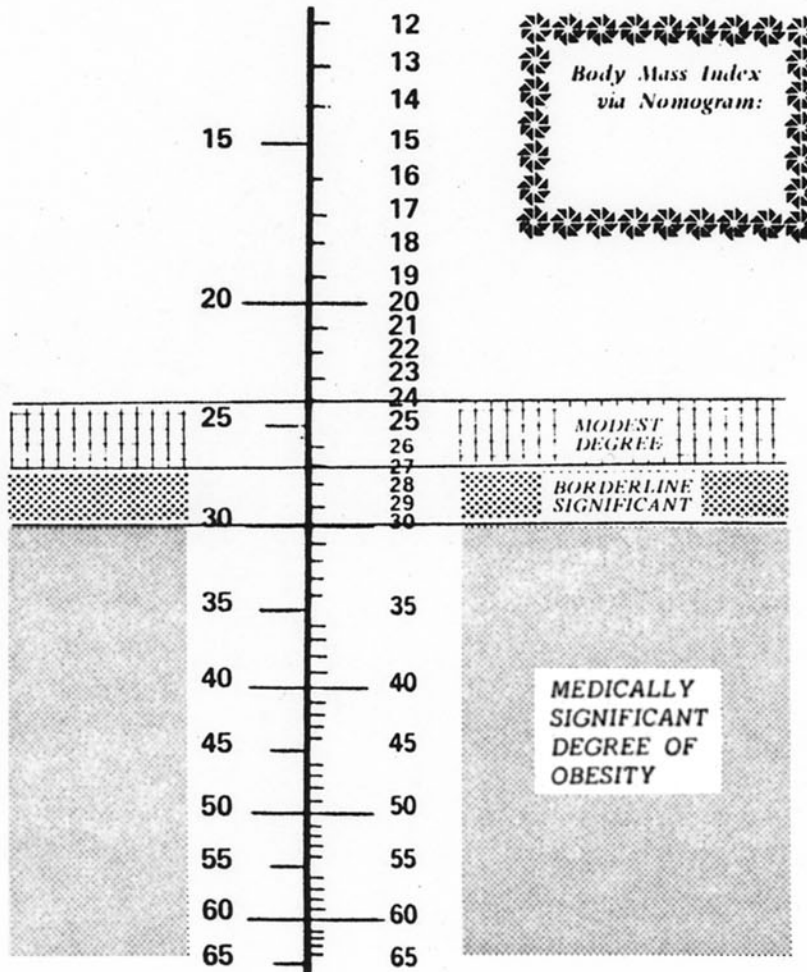


Weight
(In pounds)



BODY MASS INDEX = Weight (kg) ÷ Height (meters)²

(Reference: Keys A, Fidanza F, Karvonen MJ, Kimura N, and Taylor HL: Indices of Relative Weight and Obesity, J. Chronic Diseases 25:329, 1972).



..... LBS X 0.454 = _____ = _____ BMI } *Body Mass Index calculated*

..... INCHES X 0.0254 = [.....]² = _____

Family Practice,
Preventive Medicine
Bariatrics