

Testimonials for Dr. Raphael Rettner Total Weight Loss Center

“I got on the scale after two treatments, and I had lost six pounds. Dr. Rettner’s combination of common sense and science works amazingly well, and you won’t feel deprived!” — Ashley

“I tried to lose weight before seeing Dr. Rettner but couldn’t. I haven’t been this skinny in fifteen years. Since I discontinued using sugar in my diet I have lost so much weight that I’ve gone down 3 notches in my belt and no longer suffer from heartburn.” — Phil

His wife Julie said, “I have never seen him this thin since we’ve been married. He’s proud because his friends have noticed how much weight he’s lost.”

Julie also said, “Since eliminating sugar, rice, corn and wheat from my diet, the extra mini-pregnancy has disappeared. I can now wear clothes that made me feel unattractive before the changes in my diet.”

“Although I came to you with a weight problem, you managed to help me with so much more. I learned about my food allergies and a whole array of foods which I like and are beneficial to me. I’ve lost over thirty pounds, and I’m still easily losing two pounds per week. I feel better than I have in years. Thank you for all you do.” — Judie Fouchaux

“I’d like to thank you for providing your very effective eight week plan. I really appreciate your very positive and knowledgeable approach in helping improve my total health. I’m enclosing my recent blood chemistry tests from my family doctor. In eight short weeks my total cholesterol has dropped 19% from 201 to 163, my triglycerides dropped 26% from 251 to 185, and my weight dropped twelve pounds. Thank you.” — Tom Brackett

Dr. Rettner can be reached @ 510-547-3825 or @ drrettner@sbcglobal.net.